



# Nebraska Nepalese Society Newsletter



Volume IV Issue 1

## NNS 2010-2011

*President* Sujata Dhungel  
*Vice President* Deepa Pokharel  
*Treasurer* Dr. Rashmi Ojha  
*General Secretary* Utsav Pokharel  
*Joint Secretary* Arun Thapa

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Raashifal  
2068



April 2011-Baisakh 2068



## *Editorial* -Juna balla

I have to admit, the responsibility of resuming the publication of NNS newsletter seemed pretty daunting at the beginning. But everyone's support and encouragement has made it possible for us to present this newsletter to you on the happy occasion of New Year 2068.

Even though I had been volunteering with NNS sporadically for the past couple of years, I formally joined the NNS team since last fall as the coordinator of the Publication Team and sub-coordinator of the Cultural Team. The journey so far has been full of ups and downs but deeply rewarding. I have been able to give so much to our community and at the same time I have also gained a lot. The hands-on experience of leadership, management and community service has been very educational and uplifting.

NNS's role of preserving and promoting Nepali culture and solidarity becomes even clearer in a day like today, when we get the opportunity to display pride in our heritage and identity. We can never forget where we came from, because if we do, we lose a part of us. An uprooted tree does not have a life of its own, and just like our official t-shirt says NNS's purpose is to help us to "keep in touch with our roots." So, while the whole planet is worried over the impending 2012, let's celebrate the fact that we have just successfully entered 2068!!!!

Who says we are lagging behind?

## *President's Message*

I would like to wish you a very happy new year and wish you all a great, prosperous, and successful year ahead.

I feel extremely fortunate, honored and humbled to work with energetic and tireless board members for Nebraska Nepalese Society. Because of all the support, generous sponsors, donors and active NNS volunteers inside the board and outside the board; we are able to make each event successful. Salvation Army bell ringing, New Year's DJ program, NNS fund raising valentine's day party, Saraswati Puja, Hoops day, and the NNS Bowling Tournament were all completed as anticipated. A successful event is the result of your presence, our effort and everybody's support.

We will update our upcoming events on the website, so I would like to request all of you to visit our website frequently, check our events calendar. This is the main communication media between you and NNS. Our publication committee is also working hard to deliver some important community information to you.

Please, give us your feedback from time to time; this is the only way NNS Board will be able to serve you better in the future. This year, we have planned to organize various programs for fund raising effort. These programs are designed with consideration of diverse age group in the community. We have already completed the Youth Valentine's Day Party and raffle successfully.

Once again, I would like to acknowledge all of your support and help that you all have provided up to the beginning of the New Year to our community, and I am confident to get similar support in the future.

Sincerely,  
Sujata Dhungel



## Serving NNS

I have never been a leader...well, once I was a part of the editing team for the school magazine but other than that I have always followed the leaders' instructions. I have appreciated their enthusiasm and hard work. Some leaders were really dedicated to their work whereas others were there just to add something to their resume.

Currently, I am a treasurer at NNS, which is a very tough job as NNS team last year had significant losses. So, we have the pressure of not only balancing it out but also to make some profit. It does not matter what organization we work for, we need financial stability to run things. Even little things cost money and when everyone is volunteering by donating time, putting money out of pocket adds up easily. As they say in America, "time is money".

Accepting the task to be a treasurer in this situation was not easy. Contrary to what I expected, I am actually finding this process very interesting and fun filled. Now I get to meet people, discuss my ideas with the board members as well as other members of our society. I may have harassed some people by being too focused on the financial situation of NNS but they have been nice enough to patiently listen to my concerns. Some people might have turned their backs when they saw me coming. Some people might have felt disgusted just by a mere sight of me.

**"Is she really using all these money for NNS or is there any fishy business going on?"**

Some might even think, "Is she really using all these money for NNS or is there any fishy business going on?" Some do appreciate NNS and some people despise it. It has been an interesting journey and like any journey in a hilly area, it has been a fun filled bumpy ride. To be honest, I have seen so many people with huge hearts that it made me realize all we needed to do was to ask gently. I hope I have not intimidated anyone by my endless ideas of fundraising and I have tried my best not to pressurize or force anyone to make any kind of contribution. I have explained the situation and asked for help and the overwhelming response I got has made me feel really satisfied.

I love my job as the NNS treasurer and I really cherish it. I have had so much fun and I am very hopeful that this fun filled bumpy ride is not going to end. It has helped me learn so many different and useful things every day. The most important of all is the satisfaction I get from knowing that I am working for a good cause and helping our community feel the homely environment in our adopted home or temporary home away from home.

- Rashmi Ojha, MD

## मेष

यो राशीलाई यो वर्ष ग्रह गोचरले साथ दिनेछ । वर्षको आरम्भ राम्रो नरहे पनि बैशाख २२ पछि गुरु अनुकूल हुने भएकाले बौद्धिक क्षेत्रमा सफलता मिल्नेछ । सन्तान प्राप्तीको सम्भावना छ । बैदेशिक कार्यहरू सकारात्मक रहनेछन् । स्वास्थ्यमा संकट आउने संभावना भएकाले खानपानमा बर्ष भरि नै वीचार पुऱ्याउनुपर्ला । आर्थिक कारोबार मा अघि नबढ्नु उचित हुनेछ । नोकरीमा स्थानान्तरणको योग भएपनि राम्रो पक्षमा हुनेछ । राजनीतिमा सफलता पाउन कसरत गर्नु परेपनि अन्ततः आफ्नो लक्ष पुरा हुनेछ । प्रेम गर्नेहरू दाम्पत्य जीवनमा प्रवेश गर्नेछन् । धार्मिक कार्यमा रुचि बढ्नेछ । सामाजिक कार्यमा पदक पाउने योग छ । भाग्यले साथ दिनेछ । नवीन कार्यहरू पनि आरम्भ हुनेछन् । अरुको विश्वास आफुतिर बढ्नेछ । उद्योगि हरुको लागि बर्ष राम्रोछ । लेखन कार्यमा लाग्ने हरुले राम्रै उन्नति गर्नेछन् । आयात निर्यात गर्नेहरूको लागि तथा कुटनैतिक व्यक्तित्वहरूको लागि भने समय पौष पश्चात मात्र राम्रो रहनेछ । आषाढ, भाद्र, आश्विन, माघ तथा फाल्गुन महीनामा धेरै कामहरू बन्नेछन् । नयाँ कामको लागि यी महीनाहरू शुभ रहनेछन् । घर जग्गा र सवारीसाधन जोड्ने योग छ । मित्रहरूको भरोषा कमै गर्नु होला, काम गर्दा आफैले प्रयास गर्नु उचित होला, गोपनीयतामा जोड दिनुहोला, मंसिर महीना र चैत्र महीनामा महत्वपूर्ण काम नगर्नु होला अन्य महीना मध्यम रहनेछन् ।।

Courtesy:

Suraj KHAKUREL  
From  
[NepaliHoroscope.com](http://NepaliHoroscope.com)

## बृष

यो वर्षको ग्रहगोचर मध्यम रहनेछ । वर्ष आरम्भ काल राम्रो भएकोले धेरै कुरामा सफलता पाउने योग भएपनि उतारचढाव को कमि हुनेछैन । बैशाख २२ गतेबाट गुरु प्रतिकूल हुने भएकोले खर्च निकै बढ्नेछ । अनावश्यक झन्झट पनि आउन सक्छ । ज्येष्ठ १० गतेबाट राहु बृश्चिक राशीमा सर्ने भएकोले आफ्नो श्वास्थ्यमा सुधार आएपनि पति वा पत्नीलाई भने रोग बढ्नेछ । घर जग्गा जोड्ने र व्यवसाय बाट लाभ पाउने तथा धार्मिक कार्यमा सफलता पाउने, तिर्थ यात्रा र विदेश यात्राको योग छ । विवाद बढ्ने योग भएपनि अन्त्यम जित तपाइँकै हुनेछ । मित्रताको संवन्ध लाइ आर्थिक पक्षले कमजोर बनाउनेछ । पिता पुत्र वीच संवन्ध कमजोर बन्ने छ । राजनीतिमा सफलता पाउन ठूलै प्रयास गर्नु पर्नेछ । शत्रुले राजनैतिक छवि बिगार्ने प्रयास निकै गर्नेछन् । काममा तगारो लगाउनेहरु धेरै भएकोले सजगता वर्ष भरिनै अपनाउनु पर्ला । प्रेम वियोग हुने बलियो सम्भावना छ । पति पत्नी वीच विवाद चर्कनेछ । संयम नभए विछोड पनि हुन सक्छ । भाग्य कमजोर भएकोले कर्ममा जोड दिनु उचित हुनेछ । श्रावण, कार्तिक, फाल्गुन र चैत्र महीना राम्रो भएकोले महत्वपूर्ण कामहरु सबै यसैवेला गर्नु भएमा सफलता धेरै मिल्नेछ । बैशाख, आषाढ, भाद्र तथा पौषमा जरुरि बाहेक अन्य कार्य नगर्नु उचित हुनेछ । शत्रु पराजय हुनेर धन आर्जन हुने योग भएपनि प्रसस्त झन्झट को सामना गर्नु पर्नेछ ।।

## NNS 2010-2011 Council Members at a glance



Deepa Pokharel (Vice President)

I have been a resident of Nebraska since 1997. As the vice-president of NNS, I am trying to create a unique identity of NNS and organize various events together.



Rashmi Ojha (Treasurer)

I wanted to serve NNS to improve its financial status. My plan is to work on different ideas to improve the fundraising for NNS and to make us self sufficient. I firmly believe that financially strong NNS is vital to the goal of preserving our culture, language and traditions and pass on those values to the future generation.



Utsav Pokharel (General Secretary)

I have been living in Nebraska for almost six years now. I have always had a great respect for NNS. This is my second year as an official representative of NNS. From outside you won't see it and from inside you can't explain it. That is how I would like to say about my experience serving for NNS for past two years.



Arun Thapa (Joint Secretary)

I have been living here in Omaha, NE since 2007 and serving NNS since 2008. I joined NNS to serve our Nepali community and help each other to promote the Nepalese culture and tradition.



Ayush Panta (Cultural Committee)

I came to USA in 2007 for my education. I got involved with NNS a couple years ago as a volunteer and the experience has been one of the best so far. This year I am primarily working as a cultural event coordinator for NNS. I believe I took the right decision by involving myself actively to this wonderful organization and I wish to do the same in coming years. - Jai Nepal



Manish Lal Shrestha (Sports)

I have been involved with NNS for 4 years now and I have to say that I am enjoying what I am doing in this society as a volunteer. I look forward to serving NNS in reaching it's goals. I am serving NNS as the Sport Coordinator and team member for Publications and Cultural Event Management.

धेरै बोल्ने ओथ हैन, सेवा गर्ने हाथ देउ



Karun Ghimire.

Volunteering is something new for me and so far I've enjoyed the last few months at NNS.



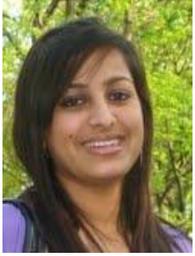
Indu Niroula

I have lived in Omaha for 13 years. I have been serving NNS as a volunteer since 2003. Now that I am on the Board, I would like to educate kids about our culture back in Nepal. Besides that, I am ready to help with anything. I feel very proud to be on the NNS Board.



Emmy Niroula

I was born in Nepal but I grew up here. I was barely able to learn about my culture. I joined the NNS Youth Committee to teach Nepalese culture to the kids who were born here.



Priska Kharel

I joined NNS shortly after moving to Omaha from Minnesota. I was very pleased to see lots of Nepalese coming together to celebrate the Dashain Tihar Program 2010. Therefore, I got a strong desire to be a part of community myself and now I am serving NNS with all my commitment. My interests include social work, indoor and outdoor games, watching ice hockey and travelling.



Sunil Dhungel

I have been volunteering for NNS since its formation in 2001. This is my first year being in the executive board. I feel an immense satisfaction when I see people smiling and enjoying our community programs.



Biraj Pokharel

I am currently a junior at Bennington High. I have been a volunteer for NNS since 2006. This is my first year as an executive board member. I love to volunteer. I think of it as a great way to give back. Volunteering increases my self esteem. I also think of it as an opportunity to make new friends and at the same time increase the Nepali cultural influence throughout Nebraska.

## Advisory Board

Bimal Adhikari  
Dev Raj Kandel  
Sumitra Neupane  
Ishwori Poudel  
Rajeev Neupane

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Dr Kiran Bastola  
Taranath Pokharel  
Sami Vasistha  
Kapil Shrestha  
Sanjeev Pant

## मिथुन

बर्ष आरम्भको ग्रह गोचर राम्रो नभए पनि उत्तरार्द्धमा ग्रहले साथ दिनेछ । अद्वैत शनिको प्रभाव यसैबर्ष कार्तिक २८ गते सकिदैछ । गुरुको अनुकूल प्रभाव बैशाख २२ गते देखिनै शुरु हुनेछ । आम्दानि का मार्ग हरु प्रसस्तै फेला पर्नेछन् । मानसम्मान पनि पाउने योग छ । पढाइ लेखाइमा सोचेभन्दा बढि लाभ मिल्नेछ । पुत्र प्राप्तीको योग पनि यो बर्ष परेको छ । छात्रवृत्ति पनि पाउने सम्भावना छ । नोकरीमा लाभ पाउने र चाहेको स्थानमा सुरुवा साथै बढुवा पनि हुने योग छ । राजनीतिमा गुमेको स्थान फर्काउन प्रयास गरे सम्भव हुनेछ । व्यापार व्यवसाय बाट राम्रो उन्नति हुनेछ । यात्रा रमाइलो हुनेछ । प्रेममा सफलता सहजै मिल्नेछ । वैवाहिक बन्धनमा पनि बाँधिने योग छ । टाढिएका मित्र तथा परिवार छन् भने मार्ग महिना पछि अवस्य पुनर्मिलन हुनेछ । साहित्य कला र गीत संगीतमा लागेकाहरुले पदक पाउने छन् । सामाजिक कार्यमा रुचि बढ्नुको साथै सफलता सोचे जस्तै मिल्नेछ । आयात निर्यात गर्ने र अन्य बैदेशिक कार्य गर्नेले राम्रो सफलता हासिल गर्नेछन् । घर जग्गा जोड्ने र सवारीसाधन जोड्ने प्रयासमा हुनुहुन्छ भने यो बर्ष सहज हुनेछ । बैशाख, भाद्र, मार्ग र चैत्र महीना बर्षका शुभ हुन् । महत्वपूर्ण कार्यहरु यिनै महीनामा गरेको खण्डमा सफलता धेरै मिल्नेछ । ज्येष्ठ, आश्विन तथा माघ महीना अशुभ रहेकोले अत्यन्त जरुरि बाहोकका कार्यहरुमा अघि नबढ्नु उचित हुनेछ । शत्रु पराजय हुनेछन् मित्रहरुको सहयोग राम्रो मिल्नेछ ।।

## कर्कट

यस बर्षका ग्रह गोचर हरु कार्तिक महीना सम्म राम्रो रहनेछ । बर्षको आरम्भमा गुरु, शनि र राहु समेत अनुकूल रहने हुँदा प्रतिस्पर्धामा बर्ष भरिनै सफलता पाउनुहोला । शरीरमा स्फुर्ति बढनेछ । ऐतिहासिक कार्यहरु धेरै गर्न सकिनेछ । आम्दानिका श्रोत हरु चौतर्फी जुट्नेछन् । घरेलु कार्यमा रुचि बढनेछ । विमुख भएका मित्र हरुबाट क्षमायाचना सहित पुनर्मिलनको योग छ । शत्रु पाराजित हुनेछन् । मन प्रसन्न रहनेछ । तपाईंको प्रस्तुति बर्ष भरिनै राम्रो रहनेछ । अरुलाई विश्वास दिलाउने कुरामा सफल हुनुहुनेछ । पाढाइमा पनि राम्रै सफलता मिल्नेछ । राजनीतिमा गरेका प्रयास हरु बर्ष भरिनै सकारात्मक रहनेछन् । ठोस पदार्थ हरुमा लगानी गर्नु उचित हुनेछ । जग्गा जमीन जोड्ने योग पनि छ । आयात निर्यातमा राम्रै सफलता मिल्नेछ । यात्रामा लाभ पाउने योग छ । बैदेशिक कार्य फलदायी रहनेछ । सन्तानहरु बाट राम्रो काम हुने भएको खुसि प्रकट हुनेछ । बौद्धिक कार्यहरुमा अग्रस्थान प्राप्त हुनेछ । प्रेमको यात्राले वैवाहिक मार्गलाइ अंगाल्नेछ । बैशाख, ज्येष्ठ, आश्विन तथा पौष महीनामा गरेका कार्यले उच्च स्थान र सम्मान दिएपनि आषाढ, कार्तिका र फाल्गुन महीनामा गरेका कामले अपजस दिने भएकोले काम गर्दा समयको बिचार गर्नु उचित हुनेछ । मार्ग महीना बाट अढैया शनि आरम्भ हुने भएकोले महत्वपूर्ण काम हरु आश्विन भित्रै गर्दा धेरै सफलता पाउन सकिन्छ ।।

## New Year's Bash

If you did not attend the New Year's Eve Bash organized by NNS last night, then you missed out big time. The party that took place at the Billy Froggs, now known as Stadium Dawgs was an absolute blast. More than 150 people came together to bid farewell to the past year and celebrate the arrival of 2011.

The upbeat music played by Romit Khadka aka DJ Hazka and Biraj Pokharel aka DJ Birkancha had the crowd pumped up and grooving to every single song. The attendees were also thronging to the DJ booth to request songs of their choice for a fee of \$1 per request which went to the NNS. Sunil Dhungel was the lucky winner whose new year started on a promising note as he walked away with the \$25 door prize, which he decided to donate to NNS. Thanks to everyone who came out last night to have fun and to support NNS. NNS would once again like to wish a very Happy New Year



## Spring

Spring makes the world a happy place.

You see a smile on every face.

Flowers come out and birds arrive,

Oh isn't it glad to be alive?

By: Nora Rai

First Grade

Spring Ridge Elementary School,  
Elkhorn.



## General Meeting

Nebraska Nepalese Society conducted its annual General Meeting on January 15<sup>th</sup> 2011 at the UNO Milo Bail Student Center.

The meeting was attended by the NNS team of 2011, board of trustees and was open to the general public as well. The meeting served as a platform for the team coordinators to present their plans for this year and for the Nepalese community to voice their opinions. Even though the public turnout was low, NNS received substantial inputs and suggestions. All the comments and suggestions were duly noted.

As a nonprofit organization working for the Nepalese community in Nebraska, NNS will make every possible attempt to incorporate the suggestions, presented by the attendees of the meeting, into our plans. The agendas of each team member will be available on the website very soon. Our thanks to those who attended the meeting and special thanks to those who made the meeting very interactive with their ideas and suggestions. If you were unable to attend the general meeting on Saturday, you can still contact NNS to give us your valuable recommendations and comments.

-Juna Balla

## *NNS Dr. Sapkota Scholarship*

Last year Dr. Nabin Sapkota (then President) generously donated \$1000 for NNS Dr. Sapkota Scholarship, which was awarded to Mr. Manish L Shrestha.

This scholarship is awarded every year during Dashain Tihar Cultural Program. The Scholarship is consistent with NNS's commitment and dedication towards Nebraska Nepalese Community.

Eligible students are encouraged to visit our website ([www.nnsociety.org](http://www.nnsociety.org)) for more d



## *NNS Recognition*

Nebraska Nepalese Society exists to serve our community. While all the volunteers involved with NNS perform with utmost altruism and dedication, some volunteers go above and beyond their duties and leave an indelible mark in the process. The NNS Board of Trustees began a tradition of honoring the exceptional board members for their relentless devotion and commitment to the NNS in 2010. The very first awards were given to NNS Secretary Utsav Pokharal and Joint Secretary Arun Thapa. They are an inspiration to the current volunteers and motivation to our potential volunteers.

## *सिंह*

ग्रह गोचर राम्रा छन् । आराम्भ काल प्रतिकूल रहे पनि बैशाख २२ गते पछि ग्रहले पूर्ण रुपमा साथ दिनेछ । नसोचेका काममा समेत सफलता पाउनुहोला । शनि साँढेसातको अन्त्य पनि यसैबर्ष मार्ग महीना देखि हुनेभएकोले सबै समस्याहरुबाट मुक्ति मिल्नेछ । भाग्य भावमा गुरुको प्रवेश हुने भएकोले आँटे सोचेका सबै कार्यमा ऐतिहासीक सफलता पाउनुहोला । मन प्रसन्न रहनेछ । धन प्रसस्त कमाउने अवसर मिल्नेछ । व्यापारमा सफलता सोचे भन्दा बढि पाउनुहोला । पढाइमा छात्रवृत्ति पाउने योग छ । सोच्ने शक्ति तिर हुनेछ । धेरैले प्रसंशा गर्नेछन् । राष्ट्रिय अन्तराष्ट्रिमा बौद्धिक कार्य सञ्चालन गर्ने अवसर मिल्नेछ । राजनीतिमा गुमेको स्थान पाउने योग छ । राज्यले महत्वपूर्ण स्थानको जिम्मा दिनेछ । शत्रु पराजय हुनेछन् । मित्रहरुबाट राम्रो सहयोग पाउनुहोला । भएकाले सन्तानबाट सहयोग र नहुनेले नव सन्तान प्राप्त गर्ने योग छ । प्रेममा सफलता मिल्नुको साथै वैवाहिक बन्धनमा समेत बाँधिने योग छ । जोस र जाँगर बढ्नेछ । तपाईंको लगनशीलता र इमान्दारीताको चर्चा धेरैले गर्नेछन् । धार्मिक कार्यहरुमा संलग्न भइ प्रसंशा पाउनुहुनेछ । तिर्थयात्राको पनि संभावना छ । लेख रचनामा लागेकाले पुरस्कार पाउनेछन् । ज्येष्ठ, आषाढ, कार्तिक तथा माघ महीनामा गरेका कार्यहरु बढि फलदायी हुने भएकोले महत्वपूर्ण कार्य हरुलाई यसै बेला जोड दिनुहोला । समय राम्रो भएपनि श्रावण तथा चैत्रमा काम गर्दा निकै बिचार पुश्याउनु पर्नेछ ।।

# *Nebraska Nepalese Society*

*Wishes*

*You and Your Family  
a Happy and a Prosperous*

*Nepali New Year 2068BS*

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FROM

नव बर्ष २०६८ सालको

हार्दिक मंगलमय शुभकामना

*From:*

*Banshi/Nita, Debashish & Debanee Koirala  
Bhim/Sarita Rai and Family  
Bikash/Neela and Maneil Uprety  
Bimal/Bishnu Adhikari and family  
Binaya/Jyoti Regmi & Family  
Bishworup/Manisha & Bishwom \ Binisha Maharjan  
Dipak/Indu Niroula and family  
Kapil/Dipta and Devin  
Kapil/Sanchita Sharma and family  
Kiran/ Bandana & Shambhabi \ Aadi Paudyal  
Kishor/Jharana & Ishani Karki  
Krishna Nath/ Niru Acharya and family  
Laxmi Prasad, Radha Devi Rijal Kathmandu, Nepal  
Mahendra/Usha Adhikari & Family  
Nabin Sapkota and family  
Phulmaya Giri & Family  
Purn/Mana B.K & Family  
Rabindra \ Sushma & Subodh \ Sushmita Adhikari  
Raghu/Sangita Sapkota and Family  
Ramesh/ Sasmita Adhikari and family  
Roshan/ Rabita Kandel and family  
Sanjay/Ranjana & Suraj/Bima Shrestha  
Sarad/Sarmila Kunwor & Family  
Shalik Ram, Sumitra and Sameep Neupane  
Shreya Pradhan  
Sunil/Sujata Dhungel and family  
Taranath Pokharel and family*



# The Taj

Wishes You a Happy New Year

## 2068 BS

654 North 114th Street, Omaha

Email: [info@tajofomaha.com](mailto:info@tajofomaha.com)

By Phone: (402) 933-1445

### *How Lincoln Impacts My Life Today*

“Four score and seven years ago our fathers brought forth on this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal.”

These great words were spoken by an even greater man. America knows this remarkable man as its sixteenth president. He is the one who sits on a chair in Washington D.C. and examines what the world has become of. I know him as Abraham Lincoln.

During his time, Lincoln has made a great impact on society. Due to his efforts, blacks were no longer separated from whites and their privileges. He is the reason why today, as I look around at the faces in my classroom, there is a great amount of diversity. He is the reason why “all men are created equal” is a vindicated statement.

If Lincoln has impacted the people of his day, then he has also impacted the people of today. Majority of the young generation today looks up to Lincoln as a hero. I know that Lincoln has impacted me with his actions. As I walk on the streets, I see people of different cultures and races walking hand in hand. Among the circle of my friends, many of them are of different color and culture. If Lincoln had not done what he did, then I would not be among some great individuals. In his honor today, we all salute Abraham Lincoln for the noble part he played in our lives.

-Emmy Niraula (Won Third Place in the state wide Durham Museum Essay Competition)

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**कन्या** यो बर्षको ग्रह गोचर राम्रो छैन, सबैतिरबाट तिरस्कृत हुनुपर्नेछ । शनि साँढेसातको प्रभाव बढेको छ । बर्ष भरिनै विवाद को सामना गर्नु पर्नेछ । सानो कार्यलाई पनि सफल बनाउन गाह्रो पर्नेछ । कुरा काट्नेहरु सक्रिय हुनेछन् । झुठा आरोपमा फसाउने प्रयास शत्रुले गर्नेछन् । स्वास्थ्य निकै कमजोर रहनेछ । लेनदेनमा विवादको सामना गर्नुपर्ला । विश्वास गरेकाले धोका दिनेछन् । परिवारजन हरुको असहयोगले अप्ठ्यारोमा पार्नेछ । मित्र बनेर धोका दिनेहरु प्रसस्तै हुनेछन् । अनावश्यक खर्चले चिन्तित बनाउनेछ । प्रेममा ग्रहण लाग्नेछ । पति पत्नी बीचमा विवाद सिर्जना हुनेछ । यात्रामा संकट आउनेछ । पढाइमा पनि खासै प्रगतिको लक्षण देखिन्न । मुद्दामामला को पनि प्रवल सम्भावना रहकोछ । अरुले गरेको गलत कार्यको दोष तपाइँमाथि आउन सक्छ । धातु रोग ले सताउन सक्ने भएकोले खान पानमा बिचार गर्नु जरुरि छ । सन्तानहरुको समस्याले चिन्ता बढाउनेछ । निद्रा पनि राम्रो पर्नेछैन । अरुको काममै समय खर्च गर्नु पर्दा आफ्ना कामहरु अधुरै रहनेछन् । नौकारीमा समस्या प्रसस्त आउनेछन् । राजनीतिमा आफुले गरेको लगानीले अरुलाई फाइदा हुन सक्ने भएकोले सोच्नु पर्नेछ । व्यापारमा पटककै लाभ मिल्नेछैन । आषाढ, श्रबण, मार्ग तथा फाल्गुन महीनामा प्रयास गर्दा केहि सफलता प्राप्त भएपनि बैशाख, भाद्र तथा पौष महीनामा निकै समस्याहरु आउनेछन् । काम गर्दा बर्ष भरिनै बिचार गर्नु जरुरि छ । घर जग्गा जोड्ने लक्ष्य भए त्यो अनुकूल रहनेछ ।।

# SPORTS

by Manish Shrestha

## Hoops Day 2011

NNS hosted the annual Hoops Day at the Bellevue University. Teams all over America participated in this hotly anticipated game. We had teams such as Dunkin Hanuman, Minnesota, Colorado, Dallas, Wichita and our very own team Omaha's Tsunami.



All the games were very competitive and energizing. Most of the games were close and we could feel our heart racing as the games became more intense and cruised towards the finale.

Teams that signed their win to the semis were Dunkin Hanuman, Wichita, Dallas and Minnesota. In the first semi final Minnesota clinched victor over Dallas who were unbeaten until they met Minnesota. Last year finalist's Dunkin Hanuman and Wichita hurdled for the second semi finals where Wichita out scored Dunkin Hanuman to end their dreams to win yet another NNS Hoops Day.

Wichita and Minnesota battled for the grand finale. Wichita who had been eyeing on this trophy for three years finally got success and kissed the trophy. The winning team got its name engraved on the trophy and got to keep it for a year until next Hoops Day.

## First NNS Bowling Day '11

The Bowling Tournament that was held at West Lanes Bowl kicked started with 15 male players. Top two scorers from each group advanced to the next round. Players advancing to the semis were Sachin Shakya, Kavi Mainali, Rajeev Shakya, Prabin Sapkota, Sachin Gurung, Arun Thapa, Sujana Bhandari and Sunil P.



The guys had tough competition in the semis. Players advancing to final round were Sachin Shakya, Prabin Sapkota, Sachin Gurung and Arun Thapa.

We also had 8 female participants. Top two players from each group advancing to finals were Sharmila Thapa, Yushma Pant, Samjhana Gurung and Priska Kharel.

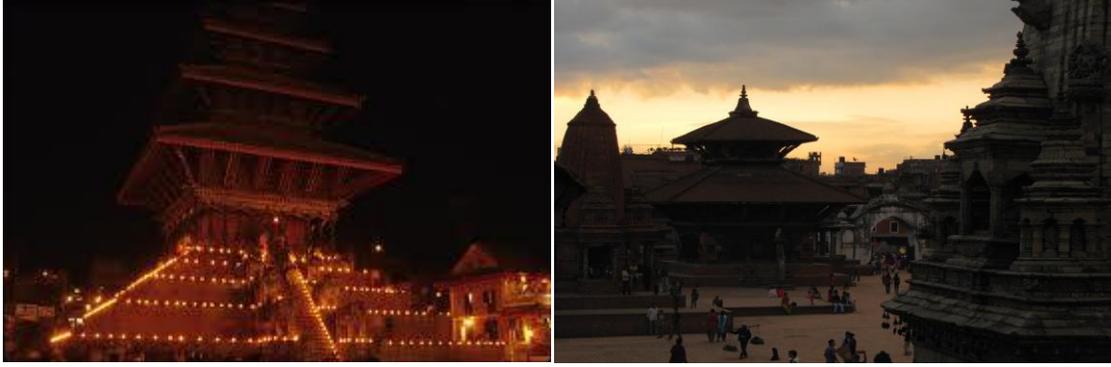
Both male and female participants had close competition for the first place. But in the end there can only be one winner and they were: Arun Thapa (Male) and Sharmila Thapa (Female). Each of the winners received the NNS BOWLING DAY TOURNAMENT 2011 Winner's Trophy from NNS President Sujana Dhungel.

## Magic of Bhaktapur

(Originally published in The Himalayan Times, Feb 24<sup>th</sup> 2006)

-By Juna Balla

As I enter the white gates of Bhaktapur, I feel as if I have stepped into a different world. This is one place, which still retains its primal purity and festive fervor. This is also the place where I was born. It has been seven years since my family moved to Kathmandu, yet every time I come here the sheer beauty of this place captivates me.



I stand outside my old house and admire its elegance. It is a traditional house made up of mud and bricks with elaborately carved doors and windows. I remember tourists clicking our pictures as my cousins and I smiled from our window some 13 years ago. Our elders used to tease us saying that the tourists would show the pictures to the whole world and we would be famous. We used to run and stand in front of the visitors as they took pictures of the cultural sites hoping to get “famous”.

I turn around to face the holy temple on the opposite of my house. It is the same temple that I used to visit everyday with my late grandparents.

I follow a labyrinth of intricate alleys and reach the famous Durbar Square. The feeling I get as I marvel at the exquisite works of art is simple ineffable. Each temple is embellished, each monument lavish and each piece of sculpture magnificent. That aura of regal glory and dignified splendor from the bygone era is still omnipresent. I feel transported back by centuries. I can clearly envision ancient kings and queens walking the same brick-paved paths that I happen to walk. I wonder if any historically significant event had occurred right at the spot where I am standing.

I rest on the stairs of Nyatapola, Nepal's tallest temple, and gaze around. I am amazed at how everything is so lively and colorful; women carrying urns of water, men making pots and selling vegetables, shops displaying handicrafts and antiques, children playing carelessly and the elderly singing devotional songs and playing esoteric instruments.

As the sun casts its golden rays all over the splendid canvas, a sense of exhilaration and veneration sweeps across me. I realize how blessed I have been to have the opportunity of spending my childhood amidst the rich heritage and aestheticism of this magical city called Bhaktapur.

बर्षको ग्रह गोचर आशाप्रद छन् ।  
 प्रयास गर्दा धेरै कुरामा सफलता  
 पाउने योग छ । राहु प्रतिकूल  
 भएकोले बोल्दा बिचार पुऱ्याउनु  
 पर्ला । गुरुको अनुकूलताले  
 व्यापारमा र यात्रामा सकारात्मक  
 प्रभाव रहनेछ । शत्रु पराजय  
 हुनेछन् । मित्रहरुको सहयोगमा  
 मार्ग महीनादेखि मात्र सुधार  
 आउनेछ । पराक्रम बढ्ने र  
 रोकिएका कामहरु बन्ने छन् ।  
 अरुलाई विश्वासमा लिन सकिनेछ  
 । आम्दानिका श्रोत फराकिला  
 हुनेछन् । बौद्धिक कार्यमा क्रमसः  
 सुधार आउनेछ । पढाइमा प्रयास  
 गर्दा राम्रै सफलता हाँसिल गर्न  
 सकिनेछ । देश विदेशको यात्रा  
 हुनेछ । भइरहेको प्रेम गाढा हुने र  
 नयाँ प्रेमको बन्धन बाँधिने योग  
 छ । पति पत्नी बीचको सम्बन्ध  
 राम्रो हुनेछ । तपाईंको  
 लगनशीलता र इमान्दारिताको  
 प्रसंसा ठुला व्यक्तिहरुले गर्नेछन्  
 । छोरी चेलीको सफलता सहयोग  
 राम्रो रहनेछ । नोकरीमा  
 प्रतिस्पर्धा गर्नु परे पनि सफलता  
 सोचे जस्तै मिल्नेछ । राजनीतिमा  
 उतारचढाव आएपनि आफ्नो लक्ष  
 पूर्ण हुनेछ । केहि मित्रहरु टेढिए  
 पनि धेरै मित्रहरु सहयोगी हुनेछन्  
 । श्रावण, भाद्र, पौष तथा चैत्र  
 महीनामा गरेका कार्य हरु  
 फलदायी रहने भएकोले महत्वपूर्ण  
 कार्यहरु यतिबेला नै गर्नु उचित  
 हुनेछ । ज्येष्ठ, आश्विन र माघमा  
 कार्य गर्दा बिचार गर्नु पर्नेछ ।  
 जोर्नि दुखाइ बर्ष भर हुने भएकोले  
 चिसो देखि टाढा रहनु उचित हुनेछ  
 । खर्च बढ्ने क्रम पौष महीनाबाट  
 मात्र घट्नेछ ॥

बृश्चिक यस बर्षको ग्रह गोचर मध्यम रहनेछ । आरम्भ को समय अनुकूल रहनेछ । आम्दानि प्रसस्तै हुनेछ तथा मान सम्मान पनि मिल्नेछ । बोलीको प्रभाव बर्ष भर राम्रो रहनेछ । नोकरीमा सामान्य समस्या आएपनि निरन्तरको प्रयासले आफ्नो लक्ष पुरा गर्न सकिनेछ । पराक्रम आश्विन सम्म बढ्नेछ । धेरै कामहरु बन्नेछन् । व्यापारमा प्रयास गर्दा सफलता पाउन सकिनेछ । यात्रामा सानातिना उलझन आएपनि गन्तव्य सम्म पुग्न सकिनेछ । पढाइमा सफलता पाउन अलि कसरत गर्नुपर्नेछ । भाग्य बलियो छ । धर्ममा रुचि बढ्नेछ । राजनीतिमा उत्तर चढाप आएपनि आफ्नो स्थान सुरक्षित रहनेछ । मार्ग महीनाबाट शनि साँढेसातले प्रवेश गर्ने तथा गुरु षष्ठम भाबमा जाने भएकोले समय प्रतिकूल हुने र स्वास्थ्य निकै कमजोर हुनेछ । शत्रुले खैरो खन्नेछन् । मन चञ्चल हुनेछ । पढाइमा हास आउनेछ । बुद्धि ले समयमा काम नगरेर आफैले गरेका काममा समेत समस्या आउनेछ । राम्रै बोल्दा पनि अर्थ नराम्रो लाग्नेछ । मुद्दा मामलाको अनावश्यक सामना गर्नु पर्नेछ । मित्र हरुले धोका दिनेछन् । परिवारजनहरुको गुनासो बढ्नेछ । बसाइँ सराइको समेत सम्भावना रहनेछ । वायु विकारले तनाव सिर्जना हुनेछ । प्रेममा खटपट पति पत्नी वीचविवाद सिर्जना हुनेछ । महत्वपूर्ण कार्य बैशाख, भाद्र, आश्विन तथा माघ महीनामा जोड दिनुहोला । कार्तिक, आषाढ र फाल्गुन महीनामा अत्यन्त आवश्यक र पुराना कार्य हरुलाई मात्र निरन्तरता दिनुहोला । हडबड गर्ने बानिले गढबड हुन सक्ने भएकोले काम गर्दा धैर्यता अपनाउनु जरुरि छ ।।

## Youth's Valentine's Day Party

The youth committee of Nebraska Nepalese Society organized a Valentine's Day Party on February 11, 2011. Even though it was a small event, which was organized on a really short notice, it turned out to be a very fun and lively party. The young partygoers had a fantastic time at the party organized exclusively for middle school and high school level. In keeping with the party's dress code of red, pink, black or white, the girls looked lovely in their colorful attires and the boys looked very dapper.

Sunil Dhungel and Sujata Dhungel graciously let the youth committee host the party at their home. They were also responsible for the colorful decorations and other items to run the event. Refreshments were provided by Sukrity Dhungel, Krisha Regmi, Neha Pokharel, Emmy Niroula and Binisha Maharjan. After Saisha Adhikari and Sushmita Adhikari each won \$5 door prize, the committee was left with a total of \$40, raised from the party. Kudos to the youth committee for organizing the awesome party and a special thanks to all the parents as well as board members for helping to make the event successful.

-Juna Balla



## Saraswoti Puja

Nebraska Nepalese Society organized a saraswati puja at the Hindu Temple during the evening of February 8<sup>th</sup>, on the auspicious occasion of Shree Panchami. According to the Puja and education committee, there were around 40 people in attendance and everyone had a great time.

The main target of this program was to help the Nepalese children learn who Saraswoti is, and how Saraswoti guides us in life. Those children learned that Saraswoti is the goddess of education and talents.

All of the kids brought their own notebooks and pencils and wrote, or attempted to write the Nepali alphabet. Afterwards, NNS also served some "Prasads"; thanks to all the people who brought delicious Prasad for everyone to enjoy. Balkaryakram enrollments for this year were also started on that day. Balkaryakram will officially start on March 5<sup>th</sup>. Classes will be held on Saturday mornings at the Hindu Temple, from 11:00am to 1:00. So overall, the Puja was fantastic and we hope all of the kids had a new experience.

-Sukrity Dhungel

## अभाव ले ज्ञान दिन्छ?

-लक्ष्मी प्रसाद रिजाल  
काठमाण्डौ, नेपाल

आफ्नो परिधी भन्दा बाहिर गएर केही कुरा जान्ने ब्यक्तिलाई ज्ञानी भन्दछन्। तर यसो भन्दा पनि ज्ञानीहरूले चाँही आफ्नो परिधि भन्दा बाहिर ज्ञान हुँदै नभएको र ज्ञानको भान्डारनै आँफै भएको कुरालाई एकिन गर्दै आएका छन्। यस शिर्षकले चाहेको, खोजेको र भन्न खोजेको ज्ञान चाँही आफुले अनुभव गरेको वा स्वाद चाखेको वा भाबुक भएर भावनामा डुबुल्की मारेको कुरा बिषय बस्तु र तथ्यताबाट मानिस टाढा भए पछी त्यो तत्त्वको रसस्वाधन गर्न पाउदैन अनी उस्लाई त्यस्ता बिषय बस्तु र तथ्यताको अभाव महसुस हुन्छ।

नेपालमा जहाँ सुकै जाउं त्यहा बाबु, आमा, छोरा, छोरी, र इस्टमित्र साथ हुन्छन्। चाड पर्व, रिती रिवाज, नाच गान, बस-उठ, मठ मन्दिर, गुम्बा, मस्जिद सबै तयार रूपले चली राखेको छ अनि त्यो कुराको अभाव मनमा खड्किन पाएको छैन। त्यसैले नेपालमा बस्नेलाई बाबु आमा, छोरा छोरी, इस्टमित्र पनि केही होइन; यी सदा सबदा यथावत छन् यथावत रहन्छन् र यी भौतिक तत्त्व होइनन्, अध्यात्म तत्त्व हुन भन्ने कुराको ज्ञान नभए पनि भाबुक बनेर, पूर्णतामा विश्वास गरेर, अभावको दिन देखि खोज मेलमा लागेर, अपसोच र खिन्नतामा विश्वास गर्दछन्। आफुमा भएको अमृत तत्त्वमा कुनै विश्वास गर्दैनन र भोली आफुसँग आँफै पनि नरहने कुरामा सम्म पनि पुग्न सक्दैनौं।

जति आफ्नो देश छोडेर प्रवास लागेका नेपालीहरू छन् तिनलाई बाबु आमाको अभावमा बाबु आमाको र छोरा छोरीको अभावमा छोरा छोरीको अनि इष्टमित्रको अभावमा इष्टमित्रको चाहना बिल्कुल महत्वपूर्ण हुन्छ भने अर्को तर्फ आफ्नो चाड वहाड, रिती रिवाज, खान पिन, बसउठ स्वभाव आदिको अभावले मनमा नराम्रो असर पर्न गएको कुरालाई मनन गरी गान, बजान, खानपिनको तौरतरिका, चाड वहाडको मर्म र त्यस्को बिज्ञान सम्मत, प्रभाव, कृतज्ञताको अवस्था आदिलाई चिन्तन मनन गरी आफुले सकेसम्म आपसमा एकता अपनाइ पुर्खाले अपनाएका कर्मलाई बिज्ञान सम्मत ढंगले अपनाइ आत्मसाथ गरेको पाईन्छ। आजका दिनमा नेपालमा चलेका परम्परा, रितिरीवाजको महत्व र अभ्यासको हु बहु ढंगको प्रचलन प्रबासी नेपालीले अँगालेर ज्वलन्ततामा पुर्याएको महसुस हुँदै आएको छ। कती पय नेपालीले अहिले तीजलाई तीजको रूपबाट अलग्याएर महिनौ महिना सम्म पांचतारे होटेलमा निर्वाचनको मेला जस्तो तुल्याएका छन् भने प्रबासी नेपालीले ज्वलन्तताको तीरको नाच गान र समाज सुधारको मार्गमा चलाएको पाइएको छ। त्यस्तै बाबु आमा र छोरा छोरीलाई प्रबासी नेपालीले गरेको आदर्शता र नेपालमा नेपालीले गरेको तरिकामा धेरै भिन्नता पाइएको छ। हामी संयुक्त परिवारमा दिक्क भएको पाईन्छ भने प्रबासी नेपालीले संयुक्त परिवारमा अत्याधिक लालायित र आकर्शित भएर संयुक्त भएर बस्नको लागि जस्तो सुकै मुल्य चुकाएर पनि अगाडि बढेको देखिन्छ। हामीले समय वा स्थितीको कारणले भुल गरेता पनि घुम फिर र अभ्यासको आधारमा पत्ता लगाएको भुललाई सुधार गर्दै लगेर आफ्नो पनलाई आ- आफ्नो आत्माको शान्ती पाउने गरी सन्चालन गरेर देशको मात्र होइन विश्वको सम्पत्तिको कण कणलाई गणना परीणत गरी गणाधि पतिको अवस्थामा प्रकृतिलाई उभ्याएर ज्योतिको कणलाई ज्योतिमा नै बदलौं।

तत्त्व र पन बाट उकालो लाग्दै आएको सक्षम समाजमा तत्त्व र पन लाई पैसाले तौलेर वा पैसामा दांजेर आफ्नै भानिजको परिवारको गांस, बास, कपास र शिक्षाको स्रोतलाई आफ्नो तुल्याएर आफ्नो सम्पत्तिमा बदलेर नेपाली विश्वको द्रश्य देखाउने घरजम गरेर तत्त्व र पन जोगिने होइन। पन जोगाउन आत्मियता र ब्रम्ह तत्त्वलाई परम्परागत रूपले सम्भार र सन्चालन गर्न सक्नु पर्दछ। पनलाई राख्न नसकेर केवल तत्त्वलाई मात्र यथावत सम्पूर्ण क्षेत्रमा उत्तिकै रूपले सन्चालन गर्ने हो भने प्रिथ्वी तत्त्व र जल तत्त्वलाई, एक हातले फुलको थुंगालाई हातले नचाए झै नचाउने कसले, कसरी र कहिले? त्यसैले ध्यान जप र तपको झै अभ्यास गरेर गरेका सम्पूर्ण तत्त्वले जन्मेको दिन देखिको बाछा बाछी लाई बोकेर खेलाए झै खेलाएमा आजीब त्यसलाई पुर्व वत खेलाउन सकिन्छ भन्ने भनाइ अनुसार मनिसले आफु सरहको मनिसलाई फुलको थुंगा बोक्ने र नचाउने, खेलाउने कुराले पनि अभावमा यथार्थको ज्ञान प्राप्त गरेको कुरा पूर्ण हुन्छ।

धनु ग्रह गोचरले बर्ष भरिनै साथ दिनेछ । गरेका कार्यहरु बाट सन्तुष्टि पनि मिल्नेछ । अरुबाट प्रशंसा पनि पाउनुहोला । व्यापार व्यवसाय बाट सफलता पाउनुहोला । पराक्रम प्रशस्त मात्रामा बढ्नेछ । महत्वपूर्ण काम हरु धेरै बन्नेछन् । अरुको विश्वास जित्न सकिनेछ । पदक प्राप्तीको योग पनि छ । नोकरीमा पदोन्नति पनि हुनेछ । ऐतिहासिक कार्यहरु गर्ने अवसर मिल्नेछ । आम्दानिका श्रोत हरु प्रसस्त जुट्नेछन् । पढाइमा राम्रो उन्नति हुनेछ । बोलेका कुरा पुरा हुनेछन् । राजनीतिमा गुमेको स्थान फर्काउन सकिनेछ । भएका सन्तान बाट सहयोग र सन्तान नहुनेले प्राप्त गर्ने योग पनि परेको छ । घर जग्गा जोड्ने तरखरमा हुनुहुन्छ भने सजिलै प्राप्त हुनेछ । सवारी साधन जोड्ने अवसर पनि मिल्नेछ । लेखन मार्ग सफलता पूर्वक अगाडि बढ्नेछ । भाग्य बलियो छ । ज्ञानको खोजीमा लाग्नेले सजिलै प्राप्त गर्नेछन् । प्रेम गर्नेहरुले आफुलाई वैवाहिक मार्गमा अगाडि बढाउनेछन् । नयाँ प्रेमको आरम्भ पनि हुनेछ । परिवारजन हरु बाट र मित्रहरुबाट सोचे भन्दा बढिनै सहयोग मिल्नेछ । बौद्धिक कार्यमा संलग्न व्यक्तित्वहरुले राम्रो उन्नति गर्नेछन् । ज्येष्ठ, आश्विन, कार्तिक तथा फाल्गुन महीनामा गरेका कार्यहरु बढि फलदायी हुने भएकोले महत्वपूर्ण कार्यहरु त्यस बेलानै गर्नु उचित हुनेछ । शत्रु पराजय हुनेछन् । सामाजिक कार्यले अघि बढ्न प्रेरित गर्नेछ । श्रावण, मार्ग र चैत्र महीनामा समस्याहरु आउने भएकोले काम गर्दा बिचार गर्नु पर्नेछ । राहु प्रतिकूल भएकोले खर्च र विवाद बढ्न सक्छ त्यसैले सजग हुनुपर्ला ।।

**मकर** वर्षको आरम्भ कालमा केही राम्रो भएपनि ज्येष्ठ महीना देखि गुरु प्रतिकूल हुने भएकोले चिन्ता बढ्नेछ । यात्रा गर्ने अवसर मिलेपनि यात्रा खर्चिलो हुनेछ । शत्रु बढ्नेछन् र झुठा आरोप पनि लाग्न सक्छ । मुद्दा मामला को सामना गर्नु पर्ला आर्थिक कठिनाइ र लेनदेनमा विवाद को सामना गर्नु पर्ला स्वास्थ्य कमजोर रहनेछ । लेनदेनमा विवाद बढ्नेछ । राहुको अनुकूलताले आम्रदानि बढ्ने योग भएपनि पारिवारीक समस्यामा धन खति हुनेछ । आफन्त, परिवार र मित्र हरूले सताउने छन् । अरुको काममा समय वित्नेछ । जस पाउने सम्भावना कमै रहनेछ । अरुले गरेको गलत कार्यको दोष आफु माथि आउनेछ । विश्वास गरेकाले धोका दिनेछन् । प्रेममा समस्या आउनेछ । पति पत्नी वीचको सम्बन्ध मा बादल लाग्नेछ । नोकरीमा स्थान परिवर्तन हुने योग छ । बसाइँसराइको पनि संभावना छ । चोटपटक लाग्न सक्ने भएकोले सवारी चढ्दा चलाउदा बिचार पुष्ट्याउनु पर्ला । मार्ग महीनादेखि शनि दशम भाबमा उच्च भै प्रवेश गर्ने भएकोले राजनीतिमा आफनु प्रभाव बढाउन सकिनेछ । नामले अघि बढेपनि कामको सफलता को लागि अरुलाई अगाडि सार्नु पर्नेछ । शनि र गुरुको परस्पर दृष्टिले बौद्धिक स्थान बलियो हुनेछ । गोपनीयता वर्ष भरिनै अपनाउनुहोला । आषाढ, मार्ग तथा चैत्र महीनामा प्रयास गर्दा धेरैकाम बन्नेछन् । महत्वपूर्ण कामहरु यसै समयमा गर्नु पर्नेछ । बैशाख, भाद्र तथा पौष मा निकै अप्ठ्यारो परिस्थिति को सामना गर्नु पर्ने भएकोले अति आवश्यक र दैनिक कार्य मात्र गर्नु उचित हुनेछ । सजगता वर्ष भरिनै अपनाउनु पर्नेछ ।।

जानलाई ध्यान द्वारा सुधार गर्दै लगेर पञ्चतत्त्वको अती गर्हो तत्त्व जल र प्रिथ्वीलाई आफुमा समावेस गरेर वा तट तट तत्त्वमा समावेश गराएर वा गरेर अगाडी बढ्न सकेमा हाम्रा सम्पूर्ण बैज्ञानिक तत्त्व र सिंगारका अवयवरुले हामीलाई मात्र होइन विश्वलाई नै आनन्द दिन्छ। सञ्जयले धितराष्ट्रलाई देखाएको भनिएको महाभारत आज कम्प्युटरमा फेसबुकको माध्यमले विश्वले छर्लंग हेर्न पाएको कुरालाई अलग्न ठान्नु हुँदैन। तत्त्व र पन अंगालेर घमण्ड त्याग्न सकेको भए अवश्य पनि सफल होइने थियो।

शुध्द, स्वच्छ र सत्य कर्म गर्दा जती दोहोरो आनन्द र सुविधा मिल्दछ त्यस्मा असत्यले पूर्ण रुपले सौहार्दताको द्वार ढोका बन्द गरी दिन्छ। त्यसैले यस ब्रम्हाण्डको जलचर, स्थलचर, पशु पंक्षि, वोट बिरुवाको साथै नाच, गान चाल चलन, बस उठ, खेल वाड गरेको ज्वलन्तता युरोपको बेल्जियममा पनि उत्साहका साथ हेर्न पाइयो भने अमेरिकाको नेब्रास्काको ओमाहा शहरको बेलभ्यु युनिवर्सिटिको भवनमा नेपाली दाजु भाई दिदी बहिनीको दशैं तिहार महोत्सवमा पाएको निमन्त्रणामा भाग लिदा पनि नेपालमा भन्दा बढी नेपाली पनको उत्साह र उमंगको बिबिध कार्यक्रम र भेटघाटको रमाइलोको रसस्वादन गर्न पाइयो। यस्तै रमाइलोको भेटघाटमा नेब्रास्का नेपालीज सोसाइटिले ओमाहाको बेलभ्युमा भएको भेलामा सोसाइटिका पुर्व अध्यक्ष र सदस्यहरुले पुर्व वत आव्हान गरे अनुसार नयाँ पदाधिकारीहरुको चयन पनि सोही जमघट भेलाेले निम्न अनुसार स्वागत गरेर अब आउने एकत्त्व शहीतको यस प्रकारअको समितिलाई सगाउने र सबै एक भएर आफुमा परी आएको जिम्मेवारीलाई भौतिक तर्फको अभावलाई कुनै बोझ र अभाव नमानी अगाडी बढेर आफ्नो कार्यकालको सम्पूर्ण कार्यकलाप सकृयताकासाथ सुसम्पन्न गर्ने शक्ती इश्वर बाट प्राप्त होस भनी हार्दिक शुभकामना शहित सबैको मन र बचनको उत्साह र उमंग प्रकट गरिन्छ।

जसरी क्रिसमसको दिन शनिबार आकाश निर्मल भएर सबैलाई खुलापनको महसुस भएको थियो। त्यसै गरी नव बर्ष २०११ शनिबार पनि क्रिश्मस्को दिन भन्दा पनि अझै सफा र घमाइलो अनी सबैको मनमा उब्जिएको न्यानो रमाइलोले जसरी ज्योतिको स्मरण गराएको छ त्यस्तै यस नेब्रास्काको नेपालीज सोसाइटिले संयुक्त अमेरिका भरिको साथै विश्वमा रहेका नेपालीले बेलाबखतमा आफ्नो पनलाई बचाउन मनाउदै आएका चाडवाडले विश्वलाई लोभ्याउन सकोस र नेपालीलाई नेपालमा पाएको मौका र फेला परेको रसस्वादन लाई अपहेलना नगर्ने बानी ब्यहोरामा सबै एक भएर जुट्ने शक्ती प्रदान गरौस भन्ने कामना गर्दछौं।

(लेखकले यो लेख नेपालबाट अमेरिका भ्रमणमा रहेका बखत लेख्नु भएको हो।)



## मेरो छानामाथीका ताराहरू

म सानैछदा,  
मेरो छानामाथि , मेरो  
आगनमाथि

थुप्रै थुप्रै ताराहरू थीए,  
चम्किरहने ताराहरू थीए  
अध्यारोका सत्रु ती ताराहरू  
उज्यालो बोकेर आउने गर्थे  
चेतना बाढथे  
अंधबिस्वास चिर्दथे  
बिस्वास छर्दथे

हाँस्न सिकाउथे, नाचन सिकाउथे

आमा भन्नुहुन्थ्यो ,  
ताराहरू सजीब छन  
आफु जलेर अरुलाई उज्यालो छर्छन  
आफु मरेर अरुलाई बाँचन सिकाउछन

यी ताराहरूले बादलको बाटो हिडनुपर्छ  
दूःख कस्टको कयौँ काँटीमाँ टेक्नुपर्छ  
मैले ताराहरू नियाली रहे  
मैले ताराहरू गनिरेहे

कोही स्थिर थिए  
कोही अस्थिर थिए,  
कोही चम्किला त कोही बेजोड चम्किला  
थिए ती

मेरो छानामाथीका ताराहरूलाई,  
मैले किताबमा पढे

कापीमा सारे,  
मैले ताराहरूलाई गीत र संगीतमा गांए

तर आजकाल,  
मेरो आगनमा अन्धकार छ ,  
मेरो छानामाथी ताराहरूको अभाव छ  
आमा भन्नुहुन्छ ,

ताराहरू दूःखले पलायन भय,  
बादलको बाटो हुँदै बसाई गए,  
र त, घर स्तब्ध छ,  
बस्ती निष्पट्ट छ

यद्धपी,ताराहरूको आसमा  
हरेक साझ करौडौँ आंखाहरू  
छानामाथी चिहाईरहेछन ,  
आंगन मा पर्खिरहेछन,  
केबल,  
दूःख साटन, खुसीमा हास्न,

अनी,  
एक जुनीमा एकपल्ट संगै बाँचन

- इश्वोर ढकाल

## कुम्भ

बर्षको ग्रहगोचर समग्रमा राम्रो रहनेछ । गुरुको अनुकूल प्रभाव बर्ष भरिनै रहने भएकोले धैर्यता अपनाउदा सफलता सोचे जस्तै मिल्नेछ । शनिको अढैया दोष कार्तिक भर रहने भएकोले चिन्ता आलस्यता र लेनदेनमा विवाद, झुटा आरोप लाग्न सक्ने भएकोले काम गर्दा बिचार पुऱ्याउनु जरुरि छ । आम्दानि राम्रै गर्न सकिनेछ । व्यापार व्यवसायमा गरेका प्रयास हरु फलदायी रहनेछन् । प्रेम गर्नेहरुले आफुलाई वैवाहिक मार्ग तिर अग्रसर गराउनेछन् । नयाँ प्रेमको प्रस्ताव अरुबाट आउनेछ । पति पत्नीको सम्बन्ध राम्रो बन्नेछ । भाग्यले पनि साथ दिनेछ । कर्म बलियोछ, नोकरि तथा राजनीतिमा आफ्नो दक्षता दर्शाउदै अरुलाई उछिन्न सकिनेछ । प्रशंसा गर्नेहरु प्रसस्तै हुनेछन् । वैदेशिक कार्यमा सोचेभन्दा बढिने सफलता मिल्नेछ । आयात निर्यात कार्यमा लाग्नेले प्रसस्तै सफलता हाँसिल गर्नेछन् । पढाइमा सफलता पाउन कसरत गर्नुपर्नेछ । बसाइँसराइ को योग भएपनि परिवर्तन फलदायी हुनेछ । राहुको प्रतिकूल प्रभाव रहने भएकोले काम गर्दा बिचार पुऱ्याउनु जरुरि छ । पिता सँगको सम्बन्ध कमजोर र स्वास्थ्य स्थिति पनि प्रतिकूल हुनेछ । बैशाख, श्रवण तथा पौष महीना ग्रह बलिया छन् यो महीनामा महत्वपूर्ण कामहरु गर्न उचित हुनेछ । दीर्घकालिन सोचाइको काम यसैबेल गर्नुहोला सफलता मार्ग र पौषमा बढि मिल्नेछ । ज्येष्ठ, आश्विन र माघ महीनामा ग्रह प्रतिकूल हुनेभएकोले अति आवश्यक बाहेकका काम हरु नगर्नु उचित हुनेछ ।।

## मीन

यो बर्ष ग्रहहरु कार्तिक सम्म निकै प्रभावशालि रहनेछन् । गुरुको अनुकूलताले मान सम्मान पाउने, शैक्षिक सफलता मिल्ने, वैदेशिक कार्यमा लाभ पाउने, विदेशी मुद्रा आर्जन हुने, प्रेममा सफलता पाउने र सन्तान लाभ हुने योग छ । वैवाहिक बन्धनमा बाँधिने प्रवल सम्भावना छ । नोकरीमा पदोन्नति र स्थानान्तरणका साथै आयमुलक स्थान पाउने योग छ । राजनीतिमा बौद्धिक स्थान बलियो हुनेछ । लेखन मार्ग फलदायी हुनेछ । जोस र जाँगर बढ्नेछ । सानै प्रयासले पनि ठूलोकाममा सफलता पाउनुहोला । घरेलु कार्यमा रुचि बढ्नेछ । घर जग्गा तथा सवारी साधन प्राप्ति हुनेछ । सन्तान प्राप्तिको पनि सम्भावना छ । सामाजिक कार्यबाट सम्मानित हुने योग छ । मार्ग पछि अढैया शनि ले प्रवेश गर्ने भएकाले स्वास्थ्य प्रतिकूल हुनगई आर्थिक संकट आउन सक्छ । लेन देनमा विवाद बढ्ने, शरीरमा चोटपटक लाग्ने, मन अशान्त हुने तथा झुठा आरोप हरु लाग्न सक्ने भएकाले गोपनीयतामा जोड दिनुहोला । दीर्घकालीन प्रभाव पर्ने कार्यहरुलाई अश्विन भित्रै सक्नु उचित हुनेछ । ज्येष्ठ, भाद्र तथा माघ महीनामा गरेका कार्यहरु फलदायी हुने भएकाले कामहरु त्यति बेलानै जोड दिनुहोला । आषाढ, कार्तिक तथा फाल्गुन महीना प्रतिकूल रहने भएकाले महत्वपूर्ण काम नगर्नु उचित हुनेछ । गुरुको अनुकूलता बर्ष भर रहने हुँदा संयम भए बर्ष भरिनै सफलता हासिल गर्न सकिनेछ । अरुको विश्वासमा भन्दा आफ्नो प्रयासमा जोड दिनुहोला ।।

## Salvation Army



On December 18, 2010, my mother and I went to 156<sup>th</sup> and Maple to ring bell for the Salvation Army at HyVee. We stood outside ringing the bell for half an hour, greeting the costumers that came and went. My mom greeted everyone, but I only talked to people who actually gave a donation. When I started I thought it would take forever, but the time flew by really quickly. The Salvation Army is a charitable and religious organization to care for the poor and homeless. When I was ringing the bell, I saw four people that went to my school but none of them gave a donation. If people would just walk by without giving a donation, then I would mumble to myself "it is not that hard to give a few coins." I was very mad at people who would not give a donation, but some people would empty out their wallets that had only coins which still makes a big difference. When people would give their donation they would tell us how happy they were to see such young people volunteering for the community. Some of them called us good citizens, I felt proud hearing people say these good things about my mother and I.

According to my mom, it was a warm day but it to me it felt as cold as all the other days. When we were finished my hands were colder than a Popsicle on a hot summer day. I could not wait to get into the car when it was all over. I know it sounds pretty selfish, but standing outside for half an hour is very hard. But I lived through it and it felt good inside. My heart was warm with love even though my body was cold. When people gave the donations I could see the joy in their faces. They were very happy to help people and communities that need the money.

That day was fun. I did well for the community and helped many people in need by volunteering. I hope I can help again for the community in other ways or by ringing a simple bell and getting donations for families who need money.

-Neha Pokharel

# Thank You Donors.

*We could not have done it without you*

*Baba Inc. Corporation*

*Bimal Adhikari*

*Bipin Satyal*

*Deepa Pokharel*

*Dr. Kiran Bastola*

*Dr. Nabin Sapkota*

*Dr. Sabin Bista*

*Indu Niroula*

*Jyoti Regmi*

*Manisha Maharjan*

*Sanchita Sharma*

*Sujata Dhungel*

*Sumitra Neupane*

*Taranath Pokharel*

*The Big House*

We would like to express our heartfelt gratitude to all our volunteers and well wishers for their continued support and immense contribution.

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## *Kings of Nepal*

(Chronological Order in  
Crowning)

Prithvi Narayan Shah

Pratap Singh Shah

Rana Bahadur Shah

Girvan Yuddha Bikram  
Shah

Rajendra Bikram Shah

Surendra Bikram Shah

Prithvi Bir Bikram Shah

Tribhuvan Bir Bikram

Gyanendra Bir Bikram  
Shah Dev

Tribhuvan Bir Bikram

Mahendra Bir Bikram  
Shah Dev

Birendra Bir Bikram Shah  
Dev

Dipendra Bir Bikram  
Shah Dev

Gyanendra Bir Bikram  
Shah Dev

# *Upcomming Events*

*Ping-Pong*

*Badminton*

*NNS Soccer Cup*

*Picnic*

*Golf*

*Volleyball*

*Dashain Tihar Sanjh*

## *Indian Grocery Store*

### *Subzi Mundi*

*Visit us on Sunday April 17th and we will donate  
20% of our Sale to Nebraska Nepalese Society.*

*Happy New Year 2068*

*2320 N. 72nd Street  
Omaha, NE 68134*

*(402) 390-2348*



*Name: Pranjal Thapa*

*DOB: 11/11/2010*

Prakash Thapa and Junu Dahal's  
baby boy



*Name: Avani T. Rawal*

*DOB: 03/31/2011*

Deependra Rawal and Prerana Thapa's  
baby girl



*Name: Anushree Phuyal*

*DOB: 12/23/2010*

Bidur and Pabitra Phuyal's baby girl



*Name: Kocis Kandel*

*DOB: 03/07/2011*

Krishna Kandel & Kamala Sapkota Kandel's  
baby boy



*Name: Myra Kandel*

*DOB: 03/26/2011*

Khem and Puja Kandel have been  
blessed with a new baby girl

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Omaha, NE 68124

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